Safer Online Services and Media Platforms – Submission



28 July, 2023

About the Public Health Communication Centre

The Public Health Communication Centre (PHCC) is an independently funded organisation dedicated to increasing the reach and impact of public health research in Aotearoa New Zealand. The Centre has a range of public health and science communication experts, and the Director is Prof Michael Baker.

We are hosted by the Department of Public Health at the University of Otago Wellington. The PHCC identifies and promotes opportunities to improve public health, equity, and sustainability, and communicate these ideas effectively to the public, media, and decisionmakers.

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We thank the Department of Internal Affairs for the opportunity to provide a submission on the Safer Online Services and Media Platforms Discussion Document.

The focus of the PHCC is public health. We concentrate our submission in this area. While related to public health, we do not comment on some of the wider issues raised in the discussion document around hate speech, misogynistic and racist content, terrorism, and illegal content. These issues are important, but we will keep the scope of our feedback to a narrower set of issues.

We agree a new system is needed. We offer three specific points for consideration.

- Acknowledging public health misinformation as harmful content
- Acknowledging promotion of certain products as harmful content
- Ensuring adequate access to platform content data for researchers

Our first two points relate to Questions 1 and 2 in the discussion document:

1. What do you think about the way we have defined unsafe and harmful content?

2. Does the way we have defined unsafe and harmful content accurately reflect your concerns and/or experiences relating to harmful content?

Acknowledging public health misinformation as harmful content

We note that in defining unsafe content, the Discussion Document recognises that content can have wider impacts beyond the individual:

Some forms of content can be unsafe for communities, or for society as a whole – for example, if it discriminates against an ethnic group, or interferes in democratic processes. These forms of harm also fall within our proposals. (p. 18)

We believe this definition is appropriate but recommend that there is more explicit recognition of false and misleading content falling within this definition, and in the Code created by the Regulator.

It is noteworthy that despite the general acknowledgement of the wider societal impacts of online content, the Discussion Document make no mention of misinformation, disinformation or false, inaccurate, or misleading information.

We acknowledge the definitional challenges around this kind of content and that the use of these terms varies. For simplicity we will refer to the general phenomena as **misinformation** in this submission.

Public health misinformation is an issue of national concern

The absence of any reference to misinformation in the Discussion Document contrasts with the DIA's *Summary of Initial Targeted Engagement* document, in which many of the groups consulted expressed concern over misinformation and conspiracy theories promoted on online platforms. Research commissioned by the DIA as part of the review also highlights misinformation as an *explicitly defined type of harmful content* and discusses its impact and possible regulatory approaches (Lips & Eppel, 2022; Thompson & Daubs, 2022).

Recent representative surveys in New Zealand have highlighted that New Zealanders are extremely concerned about misinformation. For example, a survey commissioned by the Classification Office found that an estimated 82% of New Zealanders are somewhat or very concerned about misinformation and 90% believe that misinformation is impacting public health in New Zealand. That statistic bears repeating: nine out of ten New Zealanders

believe misinformation is impacting public health (Classification Office, 2021; see also, DPMC, 2023).

There is evidence of public health disinformation (ie, deliberately shared false information) disseminated via online platforms in New Zealand by foreign powers. The anti-vaccine <u>news</u> <u>story</u> shown below was promoted by Russian disinformation agents via social media in New Zealand. It was one of the top five pieces of promoted propaganda in New Zealand in late 2021, identified by Microsoft in a report on disinformation activities globally (Microsoft, 2022).



Such disinformation has been flagged as a key national security threat by the Department of Prime Minister and Cabinet, which notes the critical role of social media platforms in helping to mitigate the risks posed by widely distributed false information (DPMC, 2023).

Misinformation is also a Tiriti o Waitangi issue. In the targeted consultation for this review, Māori focus groups expressed concern over misinformation in their communities and the negative consequences. Indeed the *Summary of initial targeted engagement* states:

"Misinformation and conspiracies online have considerable potential to influence *Māori, who already have historic reasons for mistrusting government and public initiatives.*" (p10)

Actors responsible for sharing misinformation are deliberately targeting Māori through social media, leveraging this lack of institutional trust (Ngata, 2020).

Health misinformation has negative individual and social impacts

There is clear evidence that false and misleading information on social media platforms can negatively affect individual health choices, and that this effect can have wider societal impacts.

People act on misinformation in ways that are immediately harmful to themselves. For example, there have been numerous reports of New Zealanders taking potentially toxic substances promoted as a cure for, or protection from the Covid-19 virus. Documented New Zealand examples include forms of bleach, alcohol, and ivermectin (Cook & Brooke, 2021).

However the most prominent examples of the impact of health misinformation relate to vaccination. Misinformation can dissuade people from vaccination. In experiments where people are randomly presented with different kinds of vaccine information, those who read false information about vaccines are less likely to report intending to get vaccinated (Loomba et al., 2021). Notably this effect has been replicated in a randomised online experiment with New Zealanders, using examples of misinformation that were widely shared on New Zealand social media (Thaker & Subramanian, 2021).

Vaccine refusal has immediate consequences for individual health, leaving individuals more susceptible to infectious diseases. However, it also has wider impacts due to limiting herd immunity--the more people who are vaccinated in a population the lower the chances of an infectious disease being transmitted through the population. When people who can receive a vaccine choose not to, this means people who cannot be vaccinated (eg those who are immuno-compromised) are at greater risk of being infected. In addition, unvaccinated people have a higher risk of serious illness than vaccinated, so are more likely to be admitted to hospital, straining scarce resources, and further reducing healthcare capacity.

Beyond vaccination, health misinformation in New Zealand has led to attacks on infrastructure (such as 5G cell towers (Clent, 2020)), and public opposition and aggressive lobbying against evidence-based public health interventions (such as community water fluoridation (Broadbent et al., 2015)). We could list many more examples of negative impact.

Finally, at a broad level, sustained promotion of misinformation and conspiracies online can undermine institutional trust in the organisations which seek to improve public health. This effect includes undermining trust in the medical system (Gluckman et al., 2021; Jolley et al., 2022).

Online platforms can effectively limit the availability and spread of health misinformation

The COVID-19 pandemic highlighted not only the issue of misinformation, but also the capacity of online platforms to respond effectively to it.

Mechanisms employed by platforms during the pandemic included removal of material, downgrading visibility, content warnings and displaying countering evidence-based content alongside misinformation. However, much of this occurred only in response to public and political pressure (Baker et al., 2020; Cotter et al., 2022).

We encourage the proposed Code to include a provision for the Regulator to make recommendations to platforms in response to specific health misinformation issues as they arise.

We note that that similar concerns were recently raised in the UK House of Lords debate on the Online Safety Bill. Baroness Merron's amendments in particular seek to place a duty on platforms to assess and report on health misinformation, defined as false or misleading information which "presents a material risk of significant harm to the health of an appreciable number of persons." (UK House of Lords, 2023, p. 18)

In advance of the Lord's debate, the organisation Full Fact sent a letter to Chloe Smith MP, UK Secretary of State for Science, Innovation and Technology (Full Fact, 2023). Signatories, including leading health organisations and experts, agreed that:

"One key way that we can protect the future of our healthcare system is to ensure that internet companies have clear policies on how they identify the harmful health misinformation that appears on their platforms, as well as consistent approaches in dealing with it. This will give users increased protections from harm and improve the information environment and trust in the public institutions."

We reiterate these concerns in the context of the current New Zealand review.

Acknowledging promotion of certain products as harmful content

Another form of harmful content relates to the promotion of harmful products and services, particularly to young people. This includes promotion of tobacco, vaping, alcohol, and gambling.

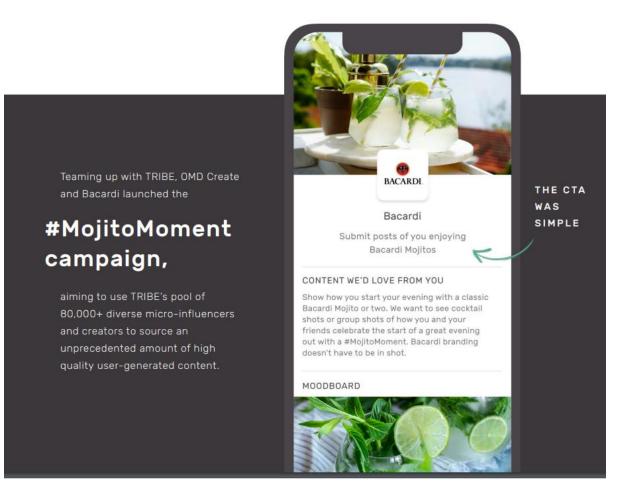
Collectively these industries have an immense negative impact on the health and wellbeing of New Zealanders (Crossin et al., 2023; Ministry of Health, 2022).

These industries are restricted in their ability to directly advertise their products and services on mainstream media channels and on some social media platforms. However they have increasingly turned to 'user-generated' content as a channel for promotion. Rather than posting promotional content directly on social media channels, retailers encourage other users to post about their products. The use of affiliates and influencers to promote such products and services is widespread.

Examples include New Zealand vape retailers leveraging influencer accounts with large followings, and encouraging users to promote their brand by 'tagging' them in Instagram posts (Hardie et al., 2023). International research highlights similar strategies used by gambling and alcohol companies, though New Zealand-specific research is limited (Houghton et al., 2019; Thompson et al., 2023).

The most compelling evidence of negative impact from such promotion strategies comes from those responsible. For example, the PR firm Tribe promotes their services with a case study titled: "How UCG [User-Generated Content] helped generate a 14% uplift in sales of Bacardi" (Tribe Group, 2023).

The screenshot below highlights the firm's use of influencer user-generated content to create a buzz around the #MojitoMoments campaign. This example illustrates the methods by which companies can surreptitiously promote harmful products on social media, as well as their considerable impact.



User-generated content is typically not subject to advertising regulations.

The PHCC would like to highlight this form of harmful online content and recommend that the review consider how such content might be addressed by the Regulator.

There are existing examples of platform-self regulation that could be incorporated into the proposed Code, including limitations on user-generated and sponsored content promoting certain products (Kong et al., 2022).

Data availability for research on harmful content

The Regulator will have the capacity to commission research (Discussion Document Section 117, p. 60). Such research will inform much of the work around identifying and tracking harmful content. However large social media platforms have started to limit the ability of researchers to draw useful content data from social media platforms. In the last year, several major Platforms have reduced data availability through closing or restricting access to Application Programming Interfaces (APIs) or other interfaces allowing researchers access to machine-readable content and metadata.

Platforms must strive to be transparent and provide reasonable access to content, in a usable format, for researchers. We don't have a precise outline of how this requirement would look in practice but note that existing channels for researchers to access data on major social media platforms are heading in the opposite direction. Facebook/Meta (Albert, 2023), Twitter (Kupferschmidt, 2023), and Reddit (CITR, 2023) have all reduced access to content at scale via APIs or put in place prohibitive financial barriers for researchers using data for non-profit means.

We advocate for the Regulator to ensure provision of efficient access to platform content (through API or similar) to allow analysis of content, or a random sampling of content.

Access would not need to be fully public—though we would encourage this—but could instead allow access to vetted independent researchers, for research purposes. This approach would provide a critical way for independent organisations and commissioned researchers to evaluate the prevalence, spread and impact of potentially harmful content in New Zealand and more generally (see: Pasquetto et al., 2020).

The Regulator should not rely on aggregated reporting by Platforms. Analyses of such reports have found they are inconsistent and do not adhere to best practice (Urman & Makhortykh, 2023). Further, such aggregate reporting will not provide the regulator with insight into the types of harmful content addressed. Independent research can provide a better and more reliable insight into the availability and spread of harmful content and can inform efforts to mitigate offline impacts. However this can only occur if content and data are made available for analysis at scale.

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